

Confirmation Preparation Worksheet

Student Name: _____

Sponsor Name: _____

Catechesis Modules

Core Modules (teens will attend *all* sessions once)

- Program Overview (Nuts and bolts) [Parent/guardian to attend]
- Worthy of the Call (Archdiocesan youth STAND training)
- Creed (What do we believe again?)
- Symbols and Meaning of Confirmation (The oil is for what?)
- Spiritual Direction (Walking with God) [Scheduled individually]

Date

Leader
Signature

Elective Modules (teens choose *two* sessions to attend)

- Discipleship (More than just Mass)
- Catholic Social Teaching (How to make the world a better place)
- Peoples of the Book (Judaism, Christianity, and Islam)
- Prayer (More than just the Our Father)

Date

Leader
Signature

Sponsor Sessions (sessions your sponsor should attend)

- Sponsor Only Meeting (Option 1 or Option 2)
- Module attended with candidate: _____
(Each sponsor should attend at least one module with their candidate)

Community Service

- Option A** – Self-designed service project (please attach your reflection)
- Option B** – Ongoing service activity involvement (please attach your reflection)
- Option C** – Participation in summer community service experience (please attach your reflection on Encounter or iServe)

Parish Participation

Ministry

Leader
Signature

Pilgrimage

Site Visited

Date

Leader
Signature

Retreat

Date Attended

Leader
Signature
