

# Core Faith Formation Programs

## Foundations of Faith (F.O. F.)

This whole community approach to faith formation is available to every parish household. **F.O.F.** meets on Sunday evenings beginning at **5:30 PM**. Adults attend general session presentations on various faith topics, attend mini-courses or participate in small group break-outs, while children & youth attend their small groups. Nursery care is available for infants & toddlers. Each evening concludes at 7:00 PM. \*\* A Family Life Retreat day is scheduled for 1/31/21. Details will be available as we get closer to the date.

A parent / guardian **MUST** accompany children to Foundations of Faith.

**Dates: 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 12/6, 1/3, 1/10, 1/17, 1/24, 1/31, 2/21, 2/28, 3/7, 3/14, 3/21.**



## Family Intergenerational Religious Education (F.I.R.E.)

This program offers a unique opportunity to grow in faith as a community. **F.I.R.E.** is open to every household in the parish community. A typical F.I.R.E. group consists of five to seven households with adult participants taking turns leading sessions. Typical sessions run from 1-1/2 to 2 hours in length. The curriculum is grounded in scripture and the Catechism of the Catholic Church. The curriculum is intergenerational; younger and older participants learn from one another. This program addresses the Faith Formation needs of both adults and children. Requests for groups based on language and/or ethnicity are happily accommodated.

## Home Study

This option supports the belief that parents / guardians are the primary formers in faith of their children. The home study option allows parents / guardians to work at their own pace with their child throughout the year. An age appropriate textbook will be provided for each child, along with material that helps parent/guardians in teaching multiple children of different ages within the same household. Households are provided with a brief training session and ongoing support which includes a parent/guardian meeting in the fall for material distribution and training, as well as additional opportunities for community connection and student accountability.

## Welcome to Faith Formation 20-21!

*Thank you for your interest in Faith Formation for the 2020-2021 academic year. It is of great importance for both children and adults alike to continue to grow in the faith that we share. With this understanding in mind we invite all parishioners, both children and adults throughout the life cycle, to commit to ongoing faith formation. You will find in this brochure a description of the programs that will be offered by Saint Katharine Drexel Parish this year. Please take some time to read through it and choose the Core Faith Formation Program that best fits with your individual or household needs. We also offer Supplemental Formation options, and we hope that you will take advantage of these in addition to our Core Faith Formation Programs.*

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# Faith Formation Programs 2020-2021



Saint  
Katharine  
Drexel  
CATHOLIC CHURCH

Open hands & loving hearts

**8428 Opossumtown Pike**

**Phone: 301-360-9581  
Fax: 301-360-9582**

*Forming Loving Disciples*

## Supplemental Faith Formation Options for Adults

### Supplemental Faith Formation Opportunities for Children and Youth

#### Vacation Bible School (VBS)

Each year Saint Katharine Drexel offers a week-long Vacation Bible School camp during the last full week of June. for children entering Pre-K to fifth grade. VBS is a fun and spiritual adventure that includes games, music, experiments and drama.

#### Youth Ministries

Our Middle School and High School Youth Ministries offer opportunities for our young people to live their faith and form friendships. Middle School and High School Youth Group gatherings are offered regularly, as well as a number of regular community service opportunities. Our parish also sponsors a full range of scouting programs. See the bulletin and youth ministry website for information about ongoing and upcoming events.

#### Adult Mini-Courses

For those who are interested in a small group in-depth study on particular topics pertinent to our faith, we offer brief five session adult mini-courses over the winter. Past courses have included Church History, Science and Religion, Dante's Divine Comedy, Stress-Reduction for Catholics, Faith and Finance, Catholic Social Teaching, and many more. Our courses for this year are being arranged and we welcome ideas for topics and speakers. These courses are held in conjunction with our FOF Faith Formation Program on Sunday evenings from 5:30-7:00PM, but you are welcome to register for a mini-course even if you do not register for the full year of TGIF. Details regarding course topics and dates will be publicized as they approach.

#### Scripture Study

Scripture study is offered as a small group opportunity throughout the year. It is designed for adults desiring to make time for scripture study in their busy lives. Participants are encouraged to spend twenty minutes per day in personal study utilizing a provided Study Guide and Commentary. This small group gathering is an opportunity to pray, share responses to the study questions, and reflect communally on the assigned readings. Multiple groups are available, held on a variety of days and times. One group is held during our FOF Faith Formation program on Sunday evenings from 5:30-7:00PM

#### Bensalem Small Faith Communities

This option, for adults, is a regular gathering of groups of six to ten people, enabling participants to reflect on the Word of God, on their faith, and on their call to holiness and Christian discipleship in their daily lives. This is a great way to connect on a more personal level with other parishioners. Groups typically meet in homes twice a month. Requests for groups based on language and/or ethnicity will be happily accommodated.

#### Christian Family Movement

The *Christian Family Movement* offers marriage enrichment to parents while helping them put faith into action in everyday life. This program offers support to parents in raising a Christian family, for teaching children the value of serving others, and for staying connected to the parish family. Groups of five to seven families meet monthly, taking turns hosting in their homes. Provided materials guide the families through the program.

#### Young Adult Ministry

For college aged folks and those in their 20s and 30s, Young Adult Ministry is an opportunity to learn about and discuss our faith in a relaxed and casual atmosphere. Through a variety of events and programs we seek to help young adults continue to learn about and grow in their faith in a community that understands the busyness and complexities of their lives. This is a great way to meet other young adults in the parish and the region as you continue your faith journey.

#### Kate's Cinema

Gather together with other parishioners to view and discuss movies and the themes that relate to our faith. This is a fun way to enjoy a good movie and time with other parishioners. Details about titles and times are provided in the bulletin.